

## **Reading Scripture**

We invite you to journey with us as we linger in the gospel of Mark over the next few months. The aim of these exercises is to slow us down in our reading, to recognize God's voice as we read, and to help us apply the scripture to our lives. As you use this reading plan, engage in these steps:

- Find a quiet space
- Sit before the Lord for a few moments, remind yourself of His presence with you
- Pray: "Speak, Lord, your servant is listening," inviting the Holy Spirit to reveal something to you as you read
- Read the scheduled portion of Mark, interact with one chapter over the course of a week, and engage with the daily exercises on the back

Nov. 5 - 11: Mark 9 Sept. 10 - 16: Mark 1 Sept. 17 - 23: Mark 2 Nov. 12 - 18: Mark 10 Sept. 24 - 30: Mark 3 Nov. 19 - 25: Mark 11 Nov. 26 - Dec. 2: Mark 12 Oct. 1 - 7: Mark 4 Oct. 8 -14: Mark 5 Dec. 3 - 9: Mark 13 Oct. 15 - 21: Mark 6 Dec. 10 - 16: Mark 14 Oct. 22 - 28: Mark 7 Dec. 17 - 23: Mark 15 Oct. 29 - Nov. 4: Mark 8 Dec. 24 - 30: Mark 16



## Daily Exercises

Day 1 - READ: Read the whole chapter. Consider smaller portions that you'll revisit over the next few days. Think about the chapter throughout your day.

Day 2 & 3 - LINGER: Revisit a part of the chapter that stood out to you. Re-read it slowly, perhaps out loud. Pray and/or journal about the section, considering a few of these questions:

- What is connecting with your heart and mind?
- What do you learn about Jesus?
- What does it reveal about yourself?
- What emotions surface in your reading?
- What in your life do these verses cause you to think about?

Day 4 - APPLY: Re-read the chapter or meaningful sections. As you do, consider how these portions of scripture speak to your life, current circumstances, decisions, and emotions. In what ways does the scripture invite you to think or act differently? Share these thoughts with a friend.

Day 5 - MEMORIZE: What single passage stands out most to you? Read and re-read it. Journal about it. Use it as a basis for prayer and worship. Commit this verse to memory over the next week.







